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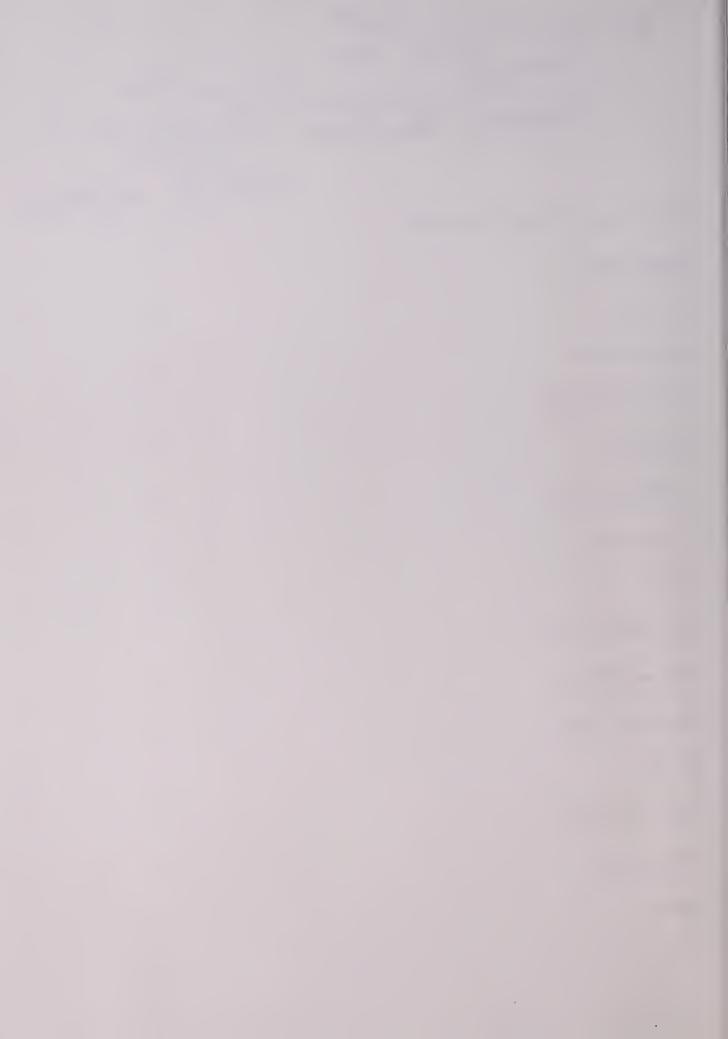
POETRY THROUGH THE YEARS

Compiled form my file of my handwritten and Edited skingts net aside over The years. Sandra Maycock.

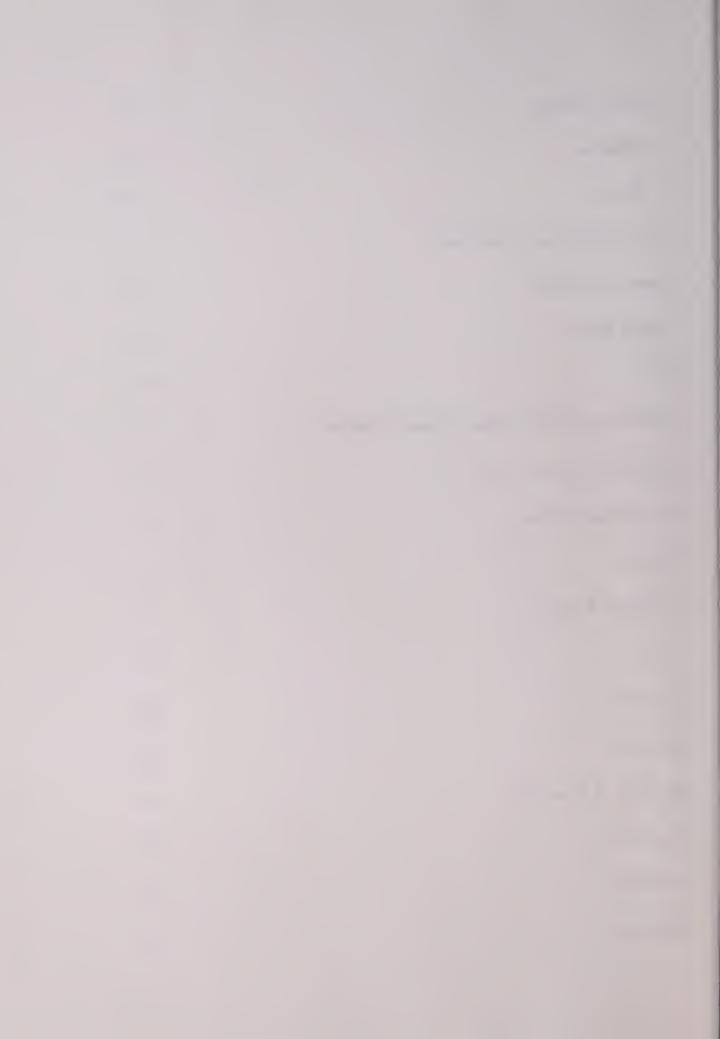
Helen MacRae Haslam Halifax 1996



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https://archive.org/details/poetrythroughyea100hasl

Pen Pictures or Whimsical Moments

Bushes along the roadside Reach eager branches of bursting buds Toward the sun's warmth Penetrating the chill breezes Sweeping in from ice fields Along the coast.

The fragile transparency of newly blown leaflets Quiver in a glowing halo Created by the backlighting From a late afternoon sun.

On the Bay Road I saw: Dainty ice - green buds Mount in rhythmic measure Along each bending bough.

(1940's)

Spring Magic

Sweet scented air Pale blossoms everywhere Fragile and rarely Beautiful Caught in a web Of magic light That moonlit night.



A slight white form slips silently neath The trees. Bare feet caress The dew-cooled grass; Young arms lift high With yearning in her breast To hold eternal the spring magic of the moonlit night.

(1940's)

The Moon

That ball of dust High in the sky At night Has turned to radiant light That reaches down To lift our hearts and minds To the wonderment and glory Of Thee, our Creator.

(I found my three year old son, Gordon, in the dark "piano room" standing in awe by the window staring at the moon. He turned to ask me what it was. How to explain? Gordon and I both know a great deal more about the moon than at that time one would ever have believed possible. To explain that reflection of the sun on that dust ball would only have led to "what is the sun?" Another poser at that date! 1940's)

Absolute Music

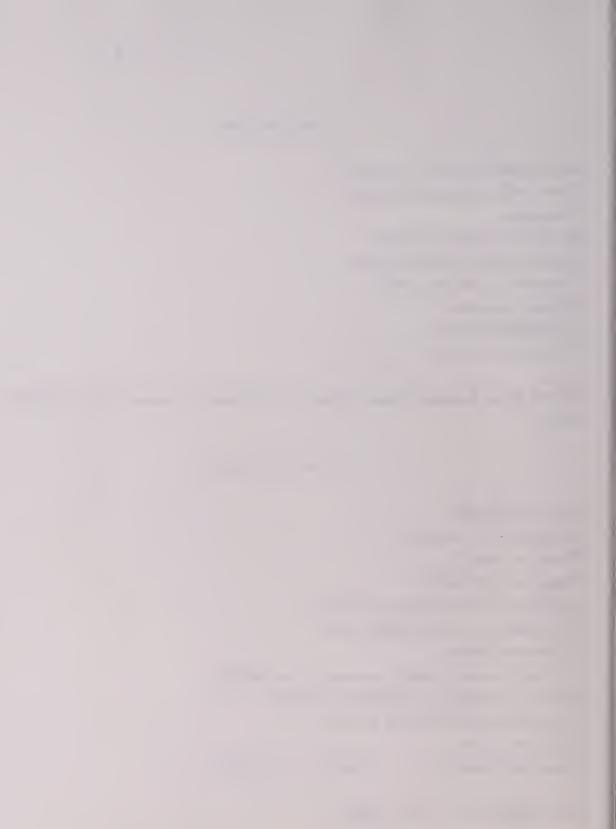
In the soundless realm of my soul There swells a rhapsody of music. A harmony Blending into mystic melody Eluding word or sound that may Convey to a wondering world Sublime experience -Forbidding translation From its very purity.

(Written to my husband Gordon Parker in an attempt to express a love indefinable. 1944)

Yours Until Death?

Yours until death - ? But death is life renewed! Where our heart is There our spirit dwells-So delicate yet strong the ties of love! While memory, upon a need, reviews In panoramic scope Our every moment spent in ecstasy of love fulfilled Devoid of any future to be shared- or hope-We see through all, the web love wove Binding us as one Through all eternity! *Continued pg4*

(Addressed to Dear Gordon. 1944)



Why do I linger With tears in my eyes Over embers of love That should surely die And turn to cold cinders?

This love is undying. By a spirit unyielding Held fast in sweet passion Of memories weaving And a lone soul's deep grieving.

(Addressed to Dear Gordon and written between 1944 and 1958 following news from the Red Cross that Gordon's Grave had been located)

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Meditations

My soul longs to free itself of this earthly being, To leave with one quick quiver of ecstasy All that binds it to the carnal frame and sense to go beyond finite realm Toward infinity of time and space. The spirit free of the close cramping measure of the human mind Fettered by jealousies, suspicions and other base And meaner elements of human thought May soar to heights and depths of the Eternal Mind Reaching ever upward until the tendrils of a soul's seeking Finds the spirit - God To become one in unity With the strength and fibre

His

Love!

(1950's)



A Whirling Dervish

5-

A chill, a calm O'er lake and hill, The earth asleep and still Not yet awake To greet the dawn.

The morning sun appears To stir the misty breath Of earth's deep sleep With gusts of wind-blown motion Across the lake. An impish breeze, so light and gay Snatches a lively veil of Mist away Across the lake the road and up a hill A whirling dervish at its command.

Alas! Alack! A stand of firs entrap The twirling, lightsome mist. Supported by the breeze In vain it seeks release From clutching needles of the trees To sink at last to drench The grassy sward below With bitter tears!

(1950's)



Congregation

-6-

A church is filled with people. Good people, well dressed people, Well fed people. They come to find an answer To the "why" of life, perhaps; They come to search for peace From strain, mayhap; They come for a felt need, for guiding power.

They come at times for shallow vanity or desire For a oneness with their fellow men In times of loneliness no doubt. In all, they come for "Self"! God's love? Does such a love for others find Channels through these souls To those in need about them? Do the poor find welcome in God's House of love? Where is there a man with Courage bold but shabby clothes Who has the will to face cold glances Of indifference from those in the security of material self Chill the atmosphere of The Church Where God is worshipped.

(1950's)



Faith

Deep blue velvet depths of letting go one's self In utter quietude of body, mind and soul Without a void as part of that estate To give sense an insecurity; Rather, in this arrested span of time, From out the gentle all prevailing peace, As to those of old, God speaks -"Be still, and know that I am God."

(1950's)

Thus Ends the Night

Thus ends the night The night of trance-like sleep Created by the spinning wheels Of each day's living -Weariness! An effort to resist its tortuous strength Holding one in a nebulous Concentric whirl against One's will! Oh to be free To cast off the hypnotic spell Of constant action And once again become An entity With life's reality!

(1950's - 1960's)



Whimsical Moments

Ideas elemental Intangible On aerials of brain tissue Are channelled To the sensitive screen of the mind And there patterned By chance? or by purpose? What does it matter?

At times they come Positive, pulsative alive Understandable! At times - vague, smog ridden Distractible! And always so Will-o-the wisp-able In their quality!

(1950's-1960's)

The Prince's Tomb (Hamheung, Korea)

In spring the Prince's Tomb Cradled in gentle curve of folding hills Draws to it, pilgrims Seeking beauty and its sacred gift of peace.

The rounded grave enshrined 'Midst majestic pine

contined pg 9



Cathedral-like in dignity of columned height Where whispering wings uplift in flight Above the trees Accenting deeper tones of silence In their wake.

With awe-inspired souls Through dim green-lit aisles We mount the gentle rise of ground. Suddenly from dimness into light There bursts a vision -A tomb - aloof, alone -Secluded from a rushing busy world.

A Tomb among the hills Clad with azaleas in full bloom Their many silken folds shimmering in the sun A truly Royal place of beauty and of rest.

Suddenly with rushing sound A white winged host appears Lifting to heights above tall trees To swerve in graceful flight Across a span of treeless light

Egrets; Of transcending loveliness So purely white! Their long limbed grace Wing spanned through space Ethereal Guardians of this Royal tomb!

(Reminiscing! One of a number of days spent at Prince Yi's tomb near Hamheung. Prince Yi , father of the founder of the Yi Dynasty on the throne of Korea. 1950-1960)

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Youth

The intensity of youth The drive and vigour of an impulse Which unchartered purpose Urges t'ward an action Seemingly aimless Other than an outlet For unconscious aspirations Untamed to form and shape.

In time Ideas immature Find eager concentration Along creative trends -To write, to build To put self into concrete Line or mould. To share with all Their world Expressed sincerely Yet with seeming boldness.

The Grace of God

What is "the Grace of God"? Why define in words that influence Which with power raises mortal to immortality? When infused in life of spirit, soul and mind? Why bind it to "rewards" or "merits"? Why detach it from the mystic sharing of God's spirit?

⁽¹⁹⁵⁷⁾



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God's Grace! God's gift to man! To make him as in image of Himself; To unlock potential strength; To give him scope withal To grow in stature like unto Him who gave us birth.

(1958)

Disillusioned

Taut tense pain grips the heart Clenched tight in grasping hold -To wring one senseless of all else. Pain, as physical as thin keen edge of hurt Thus keen the pain of disillusion That amputates with severance clean Every misconception cherished Of affection's ties Believed to have been real as life itself From which it wove its fragile web!

(1958)

Shadows

Shadow lends depth to a painting Accenting beauty's reality. Sorrow lands depth to a soul Revealing true personality. Shadows and sorrows commingle To strengthen line and perspective. But a brush stroke of sunlight and humour Add a touch of warmth and rich colour.

(1958)



A Prayer of Praise

God -For this short time on earth We thank Thee A moment out of time. A precious gift From out Eternity of time You give us.

Weariness and pain Betimes may dim The Great Reality -That life Is wondrous! Or may, indeed, Reveal the Truth.

(Written while in the Halifax Infirmary Hospital. 1960's)

Love Eternal

It is a love that neither death Nor years of separate loneliness Can lessen in strength or quality. With time comes healing? As years go on Recurrence of a pain Is physical and to the core of being - heart and sense Keen beyond the mind's thin Capacity to understand Returns Will death bring eternal end Or eternal unity to such love?

(1960's)



To My Son

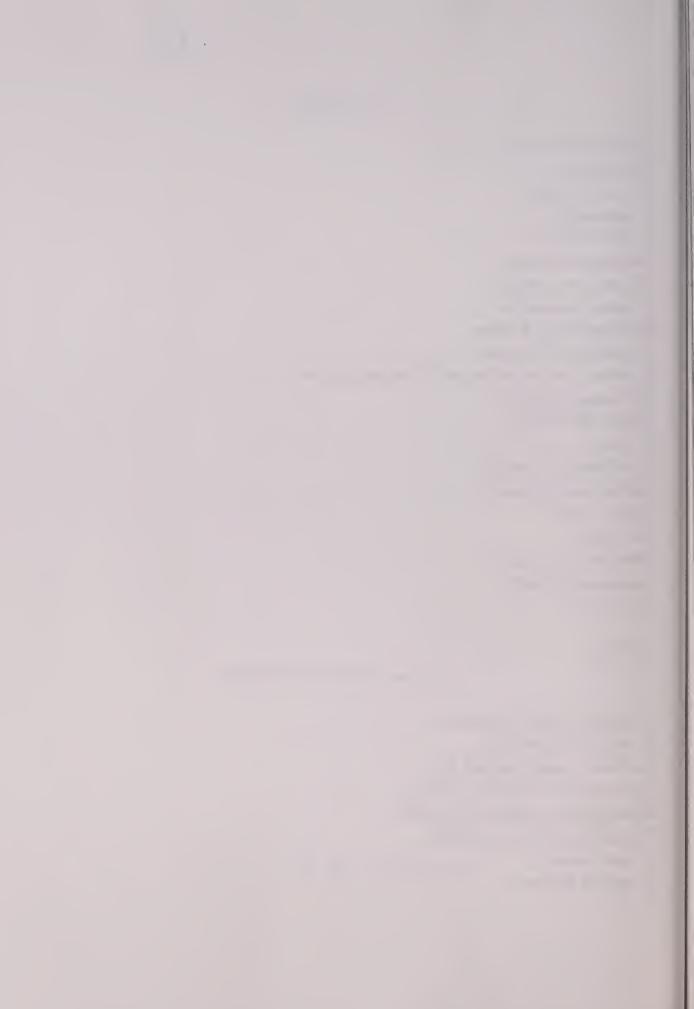
-13-

I chose to love you As you are. You are an entity A personality -A "self" withal Fashioned in pattern Of your own creating A pattern untouched By classic lines of others As wisdom of the sages. A pattern that belies the need of mental stature That comes with age. Within all is "Self" -A "you" That defies all concepts, Held so dear by many, Does it matter? Not a wit! Reaching to you in love Draws out in clarity Just "you"!

(1960's)

An Open Doorway to the Street

A doorway open to the street. A gash in the grey front So bravely, newly painted grey As to wring the heart dry of tears From the very pathos of vain effort To hide behind the new facade A sordid squalor: A passing glimpse:



-14-

Of a broken plastered wall Made more darkly dingy by the Dampness and the filth from years gone by; Another glance, a sagging flight of stairs, Inside the gloom filled hall, Leaned crazily against the wall, Its bannisters and railings Long since disappeared; A final touch of poverty. -A ragged remnant of a door mat Laden with mud and rolls of dust From man feet, Hung limply from the entry. A symbol of disconsolate despair As revealed by The doorway open to the street.

(A tenement dwelling on the Halifax waterfront before the renovation made years later. 1961.)

Sunset over Halifax

A burning molten mass of depthless light Between the sky and rim of earth, With glorious exultation Rends the bonds That all the heavens gird With dense black cloud And thickening darkness Of approaching night. A glowing orb holding Space and time apart. And then The Dark!

(1961)

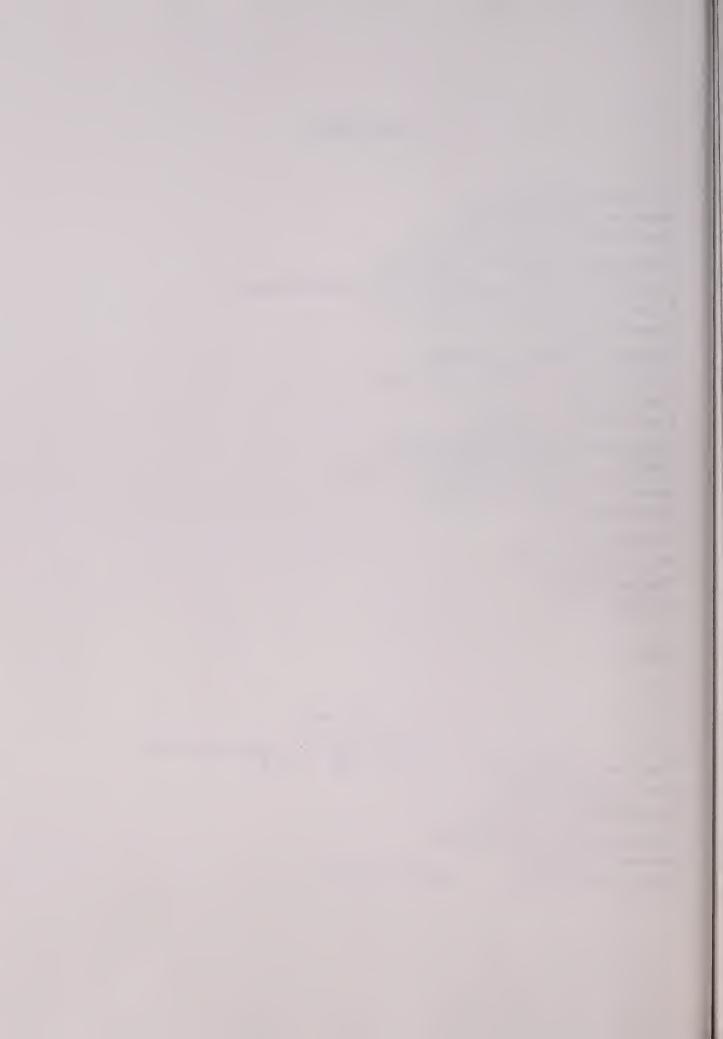
Winged Flight

A beating metal heart in Metal body with fragile wings Throbs gently to an even quiet purr. The heart beat quickens to a deeper tone As with felt urgency the slender frame responds with tremor. A draft of air sends snow in dusty swirls Beneath the wings. A moment of suspense is followed, The plane moves smoothly to the runway Eager to be off A mounting roar of motors Swift passage through the guiding lights; Exhilaration with the upward thrust of motion Lifting, swerving in a swinging curve Above the tree tops Ever upward Into a waiting realm of Wind and cloud and light!

(1961)

Life Cr (Beauty: as of the Essence)

What does it mean to me? Music, poetry and song? Beauty of bird, tree and sea? These and much more than these. Essence of personalities Warm and richly human: *Contined py 16*



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In gentle smile or eyes Lit with the soft light of love Be it from thought inspired By scenes of home? of child? Of others Close to their heart?

(1964)

A 400 Year Old Post Office Tintagel, England

An old stone dwelling Bent low with weight of years Has settled close to earth From which it sprang, Four hundred years ago. Yet holds its charm and grace Despite the line of incurved roof and leaning chimney pot! From moss filled edges of Its tiled roof A flower grows Bowing and swaying to The rhythm of a passing breeze To perform for our delight contin'el pq-17. A minuet!

(1964)

Questions Tease the Mind

/7

Why let the heart and mind be concerned With thoughts less noble or worthy of a mind God gave us? The "Unclean Spirit" Christ drove out from tormented man Were no less real than those within us Which turn our thoughts to dwell On fear of hate, distrust, indifference As felt from those about us.

God gave us spiritual greatness, An inner realm of creative life Inspirations throbbing with an urgent need for outlet; Race strength within a mind Until now unconsciously restrained.

(1962)

Approaching Scotland

Wind swept Sun swept Sea. Cloud swept sky And mountain sides! While gulls, wing spanned in Soaring flight, sweep past the ship or fleetingly alight the rail. *Contined 199 18*

Eyes scan the shore As towering mountain heights Move past Sheathed in shimmering sheen Of grass pressed close to rocky soil By gales of winds Sweeping in from sea to shore And far above on mountain crags Mists rise to Merge with thick, black clouds So dark and stern.

(On board the Empress of Britain 1963)

England

-18-

A transient glimpse Bird, cliff and tree and wide expanse of sea.

Hedge rows flick past - A frantic blur Of green washed light No form to soothe the sight!

In time for tea -Behold a lay-by Near a gate A field beyond, a brook - a tree We can but look Beyond the gate To field and Brook. *Contined* pg 19



-19-

A wee sparrow shares Spare crumbs With us.

The bird - the bread We share his tree.

(Impressions of travel in England with a rental car. 1963-1964)

A Sleeping Warrior

Upon yon craggy heights A highland warrior sleeps Aloof, alone.

A giant of a man is he, Wrapped in a shroud Of swirling mists And churning clouds, Sculptured, he was, from mountain tops By nature's tools To gaze forever upward, When he woke, Upon the sun, the moon And stars above.

(Scotland, 1964)



- 20-

A Gift

The wonder of a love that fills our hearts With warm responsive glow. The wonder of a mystic birth In Bethlehem long ago. The wonder of such peace of mind and soul bestowed That like the softly settling Winter's snow Clothes all it touches with serenity and peace. In purity, in beauty and with power to release The soul, so as to grow in grace and love.

Lucerne I

Blue light at dusk Blends lake and sky And mountain heights E'er night.

By morning light Each mountain top Has caught the sun And at their base Lake waters calm Reflect the passing Of an errant breeze Across its shadowed Depths.

(1963)



_21-

Lucerne II

A timeless sphere - eternal peace Lies on yore sunlit jagged Peaks of mountains, Snow tipped, aloof. Rising from the lake and hills below

So near and so remote And still, Linking earth with sky Blending blue waters with blue skies. A timeless realm And eternal peace!

(1963)

Scotland - A Love Song

Scotland our home Our soul Our love Deeply rooted in our living By names, our legends and songs Hold fast within our very lives No matter where that life is led.

Rocky crests of mountains White capped by swirling mists Belong in form or mood To Scotland. <u>Continial</u> 129 22



22

And so do we. As Scots from other lands Belong but surely To its very soul.

At home, abroad. That may well be But our roots Are in those mountain tops Those rushing streams Those hills and glens!

(1964)

The Martyr

A cold pale light Penetrates the cell Pale gold upon a wall of grey With shadowed bars. None else No life No varied depth In tone. Grey, gold And cold Impersonal, The cell.

Within the cell Pale features of a man His hair turned grey With years. Yet in his eyes There burns a fire - Contin 'd jry 23



-23-

Deep smoldering flames That walls or bars Can scarce contain. A soul so stirred Burns long Until a wrong Is right In sight Of God and Man!

(1965)

Late Fall

Fall leaves us with reluctant lingering steps Trailing in wake dull reds, limp browns and soggy greens; While littering neat grey, blue of skies With stark dark trunks of trees and jagged unkempt limbs and twigs Bereft of foliage. Yet here and there A fleeting glimpse of beauty A whispered touch of colour Enlivens the drab land

At tip of each denuded twig of road-side willow A dancing leaf or two Alight with underglow of setting sun Twinkles in gay farewell Like fairy fingers Contined 1924



-24-

Beating rhythmic lilting measures To joyous music movement of a breeze.

A curve of road brings into view a lake Mist veiled and calm A breathless pause before the dawn. The rising sun drains coolness from the air;

A wisp of swirling vapour flushed deeply pink with pleasure From the sun's caress Gracefully rides a passing breeze And shyly slips midst Bordering trees And disappears.

(1963)

Meditation

Oh God For this short time on earth We thank Thee. A moment -A precious gift From out eternity of time You give us! *Contin'd pg 25*



~ 25-

Weariness and pain Betimes may dim The Great Reality -That life is wondrous! Or may, indeed, Reveal the Truth?

(Written in Halifax Infirmary Hospital 1968)

A Cross

Yonder

'Midst low yet vibrant swelling notes of organ music Mingling muted tones with mellowed golden light from ambered pane; Cherished by graceful upswept curving lines of window, archway, ribbed roof and railing; Framed by a dark rich ruby red of velvet flame; There stands the strong stark figure of a cross With clean cut lines -A shaft of shining bronze Triumphant and alive with eager light, A symbol of God's love and sacrifice.

(sometime between 1958 and 1965)

Life Slips By

Be alive and alert In every corner and crevice For everyday living Is life passing by On flowing swift waters.

Daily you stand at its brink

Continid pg 26



- 26-

Eager to reach out, to grasp Whatever is coming your way. But in vain! You are left Bewildered, alone Your hand made wet With the tears from your loss.

Plunge into the stream Be made strong with its strength Made free with its freedom. Buoyant it takes you Over rough jagged rapids And when wounded The waters will cleanse you And will bear you safely To calm, placid pools Shaded and peaceful.

(1970's)

Modern Art

A sense of basic defeatism! Vague concepts -Vague feelings for images Seen through moon glass. Such creations are but Prismatic distortions of a mind Unequal to the task of sorting out Impressions in themselves distorted. Vain efforts to avoid the issue Of reaching deep into a fleeting thought For stern truth or form.

(1980's)

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- 27-

I Am A Part

"I am a part of all that I have met" To feel, to know, to love The world around me. To become a part of all As intensity relates Close in memory Sensuous, familiar, personal In their impact.

(1980's)

Cape Breton

Our land Where virile men and gods may dwell In splendid vigour Of its nature -Wild! Magnificent! And beauty Transcending all! Words fail For words confine the mind To lesser concepts Than reality!

(1980's)

-28

From a Tiger on Dragon Mountain

a)

Dawns light. Grey shadows Spread across The darkness of the sky Above a slumbering village. Sun's light. A shaft of gold Pierced through A darkened window. To rest upon a kneeling form -A man alone in silent prayer.

b)

Silver linings Fringes of silver light Shine with greater brilliance From the edges Of the darkest clouds.

c)

A Spider's Web

A death trap! In appearance too fragile to be lethal The spider's web undulated sinuously In the breeze.

d)

Shadows of a Thorn Tree

Black limbs And zigzag twigs Etched lines Across new fallen snow, A winter's sun. Sparked from long thorns Like regimented lances So smooth and sharply pointed Stand, ready for attack.

e)

A Tiger

A mountain peak, A thunder cloud. And framed on high Against the sky With blazing eye A tiger stood Undaunted by the storm.

(1980's)

- 29-

Human Fibre

Death slashes into the Human Fibre of living Like a surgeon cutting into flesh. A soul's spirit is gone taking with it Tissues interwoven into the patterns Of other peoples' lives Leaving behind a pain That burns sharp and keen Then dulls to a pulsating ache.

New tissues form as Years go by But scars remain To quicken once again With memories stirred awake.

(1990's)

Roseneath Castle Mansian 1963

Across the grey metallic glitter Of the harbour waters A scene to take your breath away!

A point of land across the bay Caught by a shaft of sun A vision! Deep lush lawns And graceful trees Awash in green-gold light

contin'd pg 31



of evening sun. A setting for a castle Silver grey and turreted.

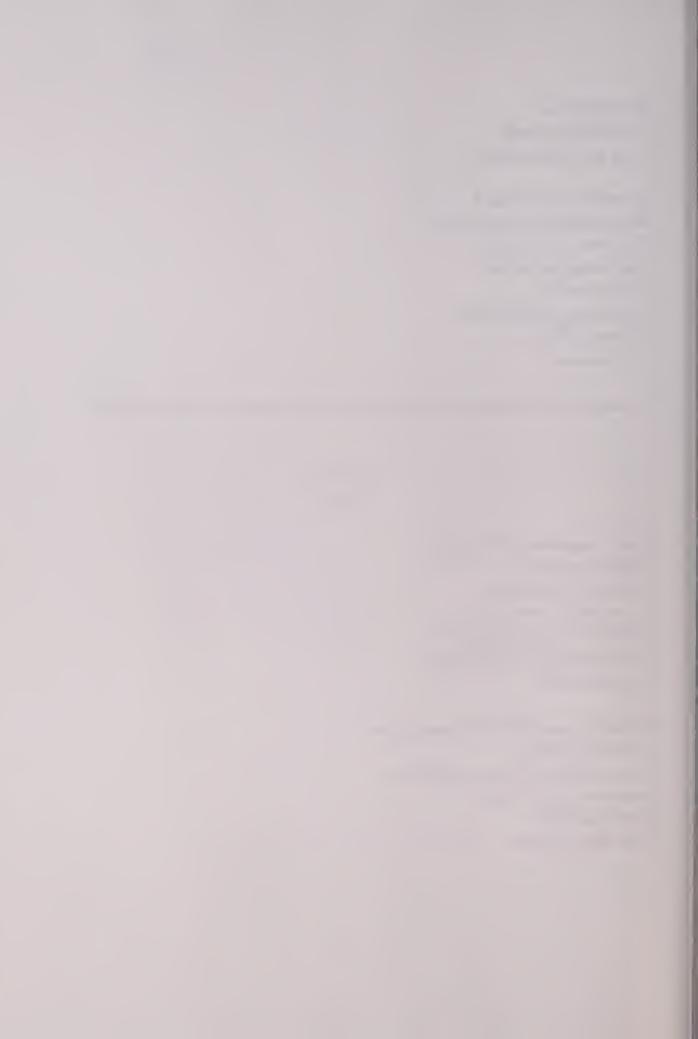
Beyond the spur of land Dark massive mountains rise To cleave the sky above, Their height submerged By heavy mists And restless, rolling clouds So densely black And ominous!

(As seen from the Empress of Britain anchored off Greenoch, Scotland. 1990's)

Overtones 1960's - 31-

A dark expansive pall of night With impact force Is felt upon the senses Pin-pricked to awareness. By lights so sharply patterned Upon the softly moulded bosom Of a distant hill.

Within the aura of a wind swayed mist Above the harbour A surging blaze of bronze-gold flames Leap in an upward curve Across the bridge From shore to shore *cont.n.d pg 32*.



A vibrant murmur from Two cities merge, While the roar of moving traffic Rends apart The muted edge of night.

(1990's)

Nature in the Fall (Life to Itself) 1960

a)

Damp, dark stumps of trees Lay bare across Slashed wood-cut land. Sear underbrush left Strewn untidily And not symmetrical.

b)

Dull, flat sky So heavy - leaden grey Hangs low Oppressively Close to the earth.

c)

Dank, curled up leaves Dull yellows and sodden browns Lie limp upon the ground Or cling to indifferent limbs *C*

contin'd pg 33



Of timber cut away. They move, but only By a more indifferent breeze In passing by,

d)

Stunted growth of spruce Hold firm to rock - ridden soil With naked roots Unmoved when whipped with gigantic force By winds flinging spumes of spray From the sea across the land.

(1996)

Trees

Trees Strong and forceful Or slim and graceful Straight and sturdy Or bent and curving As etched against the sky.

Roots: Strong and sinuous Thick and tenuous Long and probing Clutching deep into Rocks and black earth.

Are you not frustrated Bound to one spot Through a lifetime of living?

Contin'of 12934



- 34-

Do warm sun's comfort you? Do snows overburden you? Do strong winds annoy you? And do birds delight you with their song and their young? Stand straight and tall among the elements around you Forever be admired By one and all.

(1990's)

More Whimsical Moods

Drifting veils of reflections Yet unborn Brush across the mind Trailing illusive veils of Charming possibilities To tease the ind. To seize upon and hold Each floating concept To mere words! Tears edges from their creation Leaving tangled threads "Ad Infinitum"!

(1990's)

Early Fall

A sharp brisk breeze Skips lightly over the blue sea. Waves crisply curling upon a beach To quickly slip away again Into the sea *Continid ypg* 35



Leaving thin lips Of glistening bubbles Kissing the wet sand.

Bright sun, chill winds Gaily dab gold and crimson Colours upon quivering leaves Of trees and berry bushes Among rock-strewn Fields and hills Beside the sea.

A world so gloriously attune. Bright sun. Brisk breeze. Chill winds. Crisply curling waves and The exuberance of Gold and crimson leaves Framed by the blue of sea and sky.

(1996)

Life or (Beauty - As Of The Essence) See pg 15 and 3.

~ 35~

Beauty sensuous or aesthetic Warms a heart In it's response; And cleanses one's soul Lifting it above Distracting trivialities.

The glory of a dark sky Pierced by slanting rays of sunset;

The beauty of a tender moment When one's heart quickened to the pace of love; - 36-

The beauty of a child's ecstatic cry: "Mummy come hear the song the tree is singing"; The pulsating beauty of emotion in a room Where people give themselves to those about them; And again The soul searching beauty of a young face Shining and alive with creative fire Evidences of beauty That leaves the heart warm and cleanses the soul.

(1996)



JACKIE, THE DOCTOR'S HORSE

Jackie, you were the Doctor's horse And mine for hours on end to ride at will, Casting the World and all its cares aside, Enjoying the thrill of fingers of the wind Lightly touching my face in passing, or toss my hair in disarray about me -Now that was freedom My jackie. Now that was truly freedom.

You were my Companion and my friend. For I was lonely too. And over years that followed our bonds of Friendship grew While roaming Cape Breton's by-ways Resting beside lake waters so very deeply blue Or trotting briskly through shady paths in woodlands Then took our time to wind our way along the Glens and Valleys. So many scenes of beauty, Jackie, we shared together, So many scenes of beauty unknown to many others.

One episode stands out my friend Among many others. A very special venture, it was, above all others. It was the only day we spent in the grip of winter weather.

For days the snow had fallen and then a day of sun -A brilliant day to capture to hold it for our own. School was out at three o'clock just time enough, we thought, remember Jack? To take a jaunt for tea with dear Annie and brother Murdoch "Little Rory" At their farm by Peter's Brook.

The time had passed too quickly. The evening came upon us: we must be on our way. One step outside the house was startling the weather was all a-sparkle The stars were shining bright So far away yet seemingly so close. The snow upon the path before us Snap crackled with every tread we made and every flake around us Became reflecting mirrors of the Moon and million Stars above, A truly jewelled mantle spread upon the ground.

Then suddenly a blaze of light, A vibrant hissing sound surrounds us, Jackie. An amazing sound surrounds us. Magnetically our eyes are drawn toward the heavens. A lively Aurora Borealis, a vivid energetic Aurora Borealis Was dancing above our heads! A startling band of light in motion spread in waves of Brilliance across the sky.

The flashing waves of light

my friend, if you remember seemed to touch a nearby mountain-top With every downward thrust of probing shaft of light Fired from the playing fields of the Gods above. A wondrous sight!

All was too perfect as we trotted homeward In the crispy cold that winter night! But no, we were to find for just beyond the bridge a fearsome sight -A snow plough in full action with roaring, grating noise Only a snow plough can create, And flashing, terrifying lights -Oh Jackie! Once more you bound us closer together, dear friend, by courage and your faith in me.

I reached across your shoulder to murmur words of courage While step by step I stroked your glossy neck so tense with fear.

I saw your ears twitch back to me to catch my every word, We made it Jackie. We passed the Monster, Jackie And flew along for home.

(1996)

